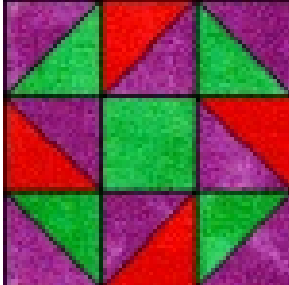


# *“Inner Peace”*



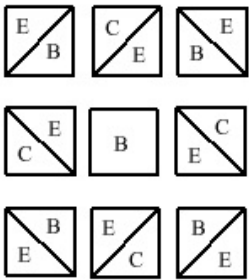
## *Ribbon”*

*January 2009*

### *Individual Block instructions*

|   |   |   |
|---|---|---|
| <b>“Ribbon”</b><br>(12" finished block, Make one block) |   |  |
| (C) Red   | Cut 2 squares 4 7/8" and cut once diagonally                        |   |
| (E) Purple  | Cut 4 squares 4 7/8" and cut once diagonally                        |   |
| (B) Green   | Cut 2 squares 4 7/8" and cut once diagonally<br>Cut 1 square 4 1/2" |   |

### *Assembly & Block Construction of the Ribbon Block*

|   |   |
|---|---|
| <p>Diagram 1      Diagram 2</p>   <p>Block Construction</p>  | <ol style="list-style-type: none"> <li>1. Sew (1) one (E) Purple half square triangle to (1) one (B) Green half square triangle. See diagram 1 for placement.</li> <li>2. Measurement check – should measure 4 1/2" square.</li> <li>3. Repeat step 1 (3) three more times for a total of (4) four units.</li> <li>4. Sew (1) one (C) Red half square triangle to (1) one (E) Purple half square triangle. See diagram 2 for placement.</li> <li>5. Measurement check – should measure 4 1/2" square.</li> <li>6. Repeat step 3 (3) three more times for a total of (4) four units.</li> <li>7. See block construction to sew the blocks into rows and sew the rows together to complete your block.</li> <li>8. Measurement check your block should measure 12 1/2" square.</li> </ol> <p>YOUR block is complete!!</p> |
|---|---|